

# Co-Occurring Disorders Screening Instrument for Mental Disorders (CODSI-MD)

v.11-28-07

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<b>INSTRUCTIONS FOR RESPONDENT: This is a brief form in which I am going to ask you some questions about how you have been feeling emotionally and mentally at different times in your life. For all of these questions just answer either "YES" or "NO".</b>		
<b><i>This question is in 2 parts:</i></b>		
1a. Have you had one or more occasions when you felt intensely anxious, frightened, uncomfortable, or uneasy even when most people would not feel that way? <b><i>If answered YES proceed to question 1b. If answered NO, circle NO to 1b and skip to question 2.</i></b>	YES	NO
1b. Do you feel anxious or uneasy in places or situations where you might have the panic like symptoms we just spoke about? Or do you feel anxious or uneasy in situations where help might not be available or escape might be difficult? Examples include: Being in a crowd; standing in a line; being alone away from home or alone at home; crossing a bridge; or traveling in a bus, train, or car.	YES	NO
2. Have you ever talked to a psychiatrist, psychologist, therapist, social worker, or counselor about an emotional problem?	YES	NO
3. Have you ever felt you needed help with your emotional problems, or have other people told you that you should get help for your emotional problems?	YES	NO
4. <u>During the past 12 months have you done the following two or more times:</u> Been a bully or threatened other people?	YES	NO
5. Have you ever been advised to take medication for anxiety, depression, hearing voices or for any other emotional problem?	YES	NO
6. Have you ever been told by teachers, guidance counselors, or others that you have a special learning problem?	YES	NO

### Scoring Instructions:

All NO responses are scored 0. YES responses for 1b through 4 are scored 1, YES responses for questions 5 and 6 are scored -1 (minus one).

1b     \_\_\_\_\_  
 2     \_\_\_\_\_  
 3     \_\_\_\_\_  
 4     \_\_\_\_\_  
 5     \_\_\_\_\_  
 6     \_\_\_\_\_

Total: \_\_\_\_\_\*

\*Total the scores for questions 1b through 6: A score of three or higher indicates that the respondent should be referred for further mental health assessment.