

# Therapeutic Community Client Assessment Inventory For Community-Based Programs

© October 1, 1997 David Kressel, Ph.D. and George De Leon, Ph.D.  
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Client's Full Name (First, Last) \_\_\_\_\_

Client's ID Number ..... (\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_)

AGENCY/FACILITY: \_\_\_\_\_ (\_\_\_\_)

AGENCY ID NUMBER ..... (\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_)

CLIENT ETHNICITY ..... (\_\_\_\_)

1 = African-American/Black      2 = Latino      3 = White      4 = Other

CLIENT GENDER..... (\_\_\_\_)

1 = Male      2 = Female

CLIENT AGE IN YEARS ..... (\_\_\_\_/\_\_\_\_)

HIGHEST GRADE COMPLETED (GRADE 1-12, COLLEGE 13-16, GRAD 17-20)..... (\_\_\_\_/\_\_\_\_)

DATE OF BIRTH (Month/Day/Year).....(\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_)

CRIMINAL JUSTICE SYSTEM INVOLVEMENT ..... (\_\_\_\_)

0 = None (voluntary)      2 = DTAP - DA Program      4 = Federal Project      6 = Parole

1 = TASC      3 = DTAP - Special Narcotics      5 = Probation      7 = BCW

8 = Other (specify) \_\_\_\_\_

TODAY'S DATE (Date form is filled out: Month/Day/Year) .....(\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_)

DATE OF ENTRY TO AGENCY/INDUCTION (Month/Day/Year).....(\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_)

DATE OF ENTRY TO PRIMARY TREATMENT (Month/Day/Year) .....(\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_)

CURRENT PRIMARY STAFF COUNSELOR \_\_\_\_\_ (\_\_\_\_/\_\_\_\_/\_\_\_\_)

\_\_\_\_\_ (\_\_\_\_/\_\_\_\_)

FOR CTCR USE ONLY. PLEASE LEAVE BLANK.

INSTRUMENT VERSION .....(\_\_\_\_)

NUMBER OF MONTHS IN CURRENT FACILITY .....(\_\_\_\_/\_\_\_\_)

NUMBER OF MONTHLY ASSESSMENTS (INC. CURRENT).....(\_\_\_\_/\_\_\_\_)

SERIAL NUMBER ..... (\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_)

FIRST 4 LETTERS OF LAST NAME (\_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_)

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**DIRECTIONS:**

Using the attached 5 point scale please **circle the number closest to the way you rate yourself now** on the following items: THIS RATING SHOULD REFLECT YOUR CURRENT USUAL AND CONSISTENT LEVEL OR KIND OF PERFORMANCE. Please provide a fair and honest evaluation of yourself.

<b>Strongly Disagree</b>	<b>Disagree</b>	<b>Between Disagree/Agree</b>	<b>Agree</b>	<b>Strongly Agree</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>

1.

- |           |   |         |         |         |         |   |       |
|-----------|---|---------|---------|---------|---------|---|-------|
| <b>1.</b> | I act impulsively without considering the consequences of my actions.             | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>2.</b> | I have no patience waiting for the things I want.                                 | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>3.</b> | When I am annoyed I display my irritation.  | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>4.</b> | I have a bad attitude when given orders from staff and other people in authority. | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>5.</b> | When people do things to me that I don't like I do something to get back at them. | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>6.</b> | I have a problem accepting supervision from my peers and other program residents. | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |

2.

- |           |  |         |         |         |         |   |       |
|-----------|--|---------|---------|---------|---------|---|-------|
| <b>1.</b> | I correct (pull-up) peers when they break program rules.                                       | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>2.</b> | I am unable to meet my responsibilities when I'm under pressure.                               | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>3.</b> | I do my fair share of taking responsibility for the care and functioning of the facility.      | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>4.</b> | I report violations of program rules when I see them.  | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>5.</b> | I accept pull-ups with a good attitude.  | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>6.</b> | When I have an urge to do something destructive (split, get high, act out) I let someone know. | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>7.</b> | I participate in program activities with enthusiasm.   | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>8.</b> | I meet my responsibility to be accountable for other people's behavior.                        | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |

3.

- |           |  |         |         |         |         |   |       |
|-----------|--|---------|---------|---------|---------|---|-------|
| <b>1.</b> | I lie or cover up the truth.                           | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>2.</b> | I use people in a manipulative way to get what I want. | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>3.</b> | My behavior is selfish and inconsiderate of others.    | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| <b>4.</b> | I am trustworthy and dependable.                       | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |

FIRST 4 LETTERS OF LAST NAME (\_\_\_/\_\_\_/\_\_\_/\_\_\_)

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**Strongly Disagree**      **Disagree**      **Between Disagree/Agree**      **Agree**      **Strongly Agree**  
**1**                      **2**                      **3**                      **4**                      **5**

3. (cont.)

- |           |   |   |       |   |       |   |       |   |       |   |       |
|-----------|---|---|-------|---|-------|---|-------|---|-------|---|-------|
| <b>5.</b> | I compromise my principles (honesty) for personal gain.                 | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>6.</b> | My behavior is sneaky and deceptive.                                    | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>7.</b> | I compromise my principles (honesty) in order to be accepted by people. | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |

4.

- |           |  |   |       |   |       |   |       |   |       |   |       |
|-----------|--|---|-------|---|-------|---|-------|---|-------|---|-------|
| <b>1.</b> | If I can't get things any other way I steal them.          | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>2.</b> | I tell a lot of war stories.                               | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>3.</b> | I don't tell on people; it feels like ratting.             | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>4.</b> | I hang with a "negative" group or clique in the program.   | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>5.</b> | I break program rules when I think I can get away with it. | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>6.</b> | The smartest thing is to never trust anyone.               | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |

5.

- |           |  |   |       |   |       |   |       |   |       |   |       |
|-----------|--|---|-------|---|-------|---|-------|---|-------|---|-------|
| <b>1.</b> | I often put on an image (macho, clown, playboy, tough guy, slick, etc.). | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>2.</b> | It is hard for me to be myself around people.                            | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>3.</b> | My clothes and my appearance reflect "the street lifestyle".             | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>4.</b> | I work hard at being "cool" or "looking good".                           | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>5.</b> | Holding on to an image will make it harder to stay drug-free.            | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |

6.

- |           |   |   |       |   |       |   |       |   |       |   |       |
|-----------|---|---|-------|---|-------|---|-------|---|-------|---|-------|
| <b>1.</b> | I feel entitled to things I have not earned.  | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>2.</b> | I am able to handle frustration and stress without acting out.                      | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>3.</b> | I argue and complain whenever I'm told to do something.                             | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>4.</b> | When given authority I tend to abuse it.  | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>5.</b> | I take initiative in my work rather than waiting to be told what to do.             | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>6.</b> | I find it hard to ask for help when I don't know how to do something.               | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>7.</b> | When the job gets tough I tend to give up and not finish.                           | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |
| <b>8.</b> | I see my job function as just doing work; it is not an important part of treatment. | 1 | ----- | 2 | ----- | 3 | ----- | 4 | ----- | 5 | _____ |

FIRST 4 LETTERS OF LAST NAME (\_\_\_/\_\_\_/\_\_\_/\_\_\_)

# Therapeutic Community Client Assessment Inventory For Community-Based Programs

**Strongly Disagree**      **Disagree**      **Between Disagree/Agree**      **Agree**      **Strongly Agree**  
**1**                              **2**                              **3**                              **4**                              **5**

7.

- |    |  |         |         |         |         |         |
|----|--|---------|---------|---------|---------|---------|
| 1. | I rarely approach staff.   | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 2. | I have established friendships with people in the program.                       | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 3. | I don't let people get close to me.  | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 4. | I can speak in front of a large group of people.                                 | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 5. | I'm afraid to confront people.   | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 6. | I hide unpleasant feelings (shame, fear or guilt) from others.                   | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 7. | It is hard for me to accept caring or affection from others.                     | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 8. | I have understanding and empathy (the ability to relate to and feel for others). | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |

8.

- |    |  |         |         |         |         |         |
|----|--|---------|---------|---------|---------|---------|
| 1. | I think I'm not as good as most people here.   | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 2. | I think I have all the answers, no one can tell me anything.                         | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 3. | I try to understand the reasons for other people's behavior.                         | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 4. | I don't know how to work (or think) through problems from beginning to end.          | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 5. | I can separate my wants from my needs.   | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 6. | When I have a difficult decision to make I think about all the options.              | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 7. | I don't seem to be able to recognize problem situations before they get out of hand. | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 8. | I make the same mistakes over and over again.  | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |

9.

- |    |  |         |         |         |         |         |
|----|--|---------|---------|---------|---------|---------|
| 1. | I do not care how my attitude and behavior affects others.                                     | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 2. | I am able to identify my feelings.   | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 3. | I can take constructive criticism (feedback) without getting defensive.                        | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 4. | When I obey program rules I feel like I am giving up my identity (who I am/ what I stand for). | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 5. | I don't know how to express my feelings.   | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 6. | I am unable to control my anger.   | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 7. | I rarely ask for help when I need it.  | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |
| 8. | I can't hold on to my feelings; I let them out at the wrong time.                              | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 _____ |

FIRST 4 LETTERS OF LAST NAME ( \_\_\_/\_\_\_/\_\_\_/\_\_\_ )

# Therapeutic Community Client Assessment Inventory For Community-Based Programs

**Strongly Disagree**      **Disagree**      **Between Disagree/Agree**      **Agree**      **Strongly Agree**  
**1**                              **2**                              **3**                              **4**                              **5**

10.

1.	I like myself.	1	-----	2	-----	3	-----	4	-----	5	_____
2.	I am unable to forgive myself.	1	-----	2	-----	3	-----	4	-----	5	_____
3.	I often feel depressed.	1	-----	2	-----	3	-----	4	-----	5	_____
4.	I don't have confidence in myself.	1	-----	2	-----	3	-----	4	-----	5	_____
5.	I have a lot of good qualities.	1	-----	2	-----	3	-----	4	-----	5	_____
6.	I still engage in (perform or do) self-destructive behavior.	1	-----	2	-----	3	-----	4	-----	5	_____
7.	I think things will get better for me in the future.	1	-----	2	-----	3	-----	4	-----	5	_____
8.	If people saw who I really am they would not like me.	1	-----	2	-----	3	-----	4	-----	5	_____
9.	I have a lot of fears about this program.	1	-----	2	-----	3	-----	4	-----	5	_____

11.

1.	Following program rules will help me get my life together.	1	-----	2	-----	3	-----	4	-----	5	_____
2.	I do not know how to use most of the "tools of the program".	1	-----	2	-----	3	-----	4	-----	5	_____
3.	I believe in the program concept and philosophy	1	-----	2	-----	3	-----	4	-----	5	_____
4.	I don't take the rules and regulations of the program seriously.	1	-----	2	-----	3	-----	4	-----	5	_____
5.	I recognize the value of the program's dress code.	1	-----	2	-----	3	-----	4	-----	5	_____
6.	I understand what the program expects of me at this stage of treatment.	1	-----	2	-----	3	-----	4	-----	5	_____

12.

1.	I talk about personal and sensitive issues in group.	1	-----	2	-----	3	-----	4	-----	5	_____
2.	I "seek and take on" more than is required of me.	1	-----	2	-----	3	-----	4	-----	5	_____
3.	I believe I am getting the help I need here.	1	-----	2	-----	3	-----	4	-----	5	_____
4.	I get fully involved in program activities on a consistent basis.	1	-----	2	-----	3	-----	4	-----	5	_____
5.	I am talking about issues of intimacy and relationships in my life.	1	-----	2	-----	3	-----	4	-----	5	_____
6.	In groups, I make a sincere effort to help others.	1	-----	2	-----	3	-----	4	-----	5	_____
7.	I often talk to other residents one on one.	1	-----	2	-----	3	-----	4	-----	5	_____
8.	I am pleased with my performance in the program.	1	-----	2	-----	3	-----	4	-----	5	_____

FIRST 4 LETTERS OF LAST NAME (\_\_\_/\_\_\_/\_\_\_/\_\_\_)

## Therapeutic Community Client Assessment Inventory For Community-Based Programs

Strongly Disagree	Disagree	Between Disagree/Agree	Agree	Strongly Agree
1	2	3	4	5

13.

- |     |  |         |         |         |         |   |       |
|-----|--|---------|---------|---------|---------|---|-------|
| 1.  | I am fully committed to the program.                             | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 2.  | The program is creating more problems for me than it is solving. | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 3.  | I'm moving through treatment at the right pace.                  | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 4.  | I personally care about the reputation of this program.          | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 5.  | The staff are genuinely concerned about me.                      | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 6.  | What goes on here has little relevance to the real world.        | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 7.  | I think a lot of what goes on here "is not for me".              | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 8.  | I feel grateful and appreciative to the program.                 | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 9.  | I cannot identify with most people in the program.               | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 10. | In this program I feel like I'm doing time (jailing).            | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 11. | I feel genuine concern, even love from people around me          | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |

14.

- |    |  |         |         |         |         |   |       |
|----|--|---------|---------|---------|---------|---|-------|
| 1. | I walk the walk, not just talk the talk.                     | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 2. | I propose activities or ways to improve the program.         | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 3. | I am a positive role model in the program.                   | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 4. | I apply what I'm learning in treatment to my daily life.     | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |
| 5. | My behavior and attitude has a positive influence on others. | 1 ----- | 2 ----- | 3 ----- | 4 ----- | 5 | _____ |

FIRST 4 LETTERS OF LAST NAME (\_\_\_/\_\_\_/\_\_\_/\_\_\_)